2019 NEW YORK STATE REOUIRED SUMMER CAMP AOUATIC CERTIFICATION PROGRAMS

Lifesaving Enterprises will provide you with New York State Department of Health approved educational programs for summer camp staff, and documentation for your camp inspectors.

Lifesaving Enterprises specializes in all areas of summer camp safety. We run more than just Lifeguard and Advanced First Aid Programs, we create a unified team with your newly trained, seasoned and international staff. Our instructors will give your management staff, and their lifeguard team the tools needed to effectively run your aquatic programs.

GENERAL PROGRAM NOTES:

- ☑ Course lengths vary
- ☑ For open water locations, (lakes, ponds, rivers)
- ☑ For POOLS
- ☑ ACA aquatic building blocks

https://www.acacamps.org/sites/default/files/resource_library/07-PA-BuildingBlockstoInServiceAquaticTraining.pdf

#1 - PRE-CAMP "TEAM LIFEGUARD" IN SERVICE TRAINING

This pre-camp in-service training includes an initial review of your currently certified lifeguard's skills and abilities - in and out of the water pool and/or lakefront. We will run rescue drills to observe reactions of each individual lifeguard as well as the lifeguard team response. After the lifeguard's review we focus on the skills that require modification. Skill sets include: land and water rescue skills, CPR/AED, constant visual surveillance, performing effective Buddy Check Systems, Lost Swimmer Plan, understanding the camp's written safety plan, and fostering a functioning safety team.

#2 - POOL and WATERFRONT OPERATIONS ASSESSMENT

Includes a visit to your camp while it is in full operation to observe waterfront activities, lifeguards, swim instructors, boating and water park areas. We will make recommendations for improvement of lifeguard staffing/effectiveness, safety checks for potential hazards, and running an effective learn to swim program.

#3 - COMPREHENSIVE AQUATIC OPERATIONS (ASSESSMENT AND TRAINING)

Part 1 - While your camp is in session assessment of your aquatic staff, and aquatic environments includes: Observing campers, lifeguards, area procedures including buddy checks, counselors and their routines in and around the water, safety precautions for the lake, pool, water park, and safety equipment usage.

Part 2 - Meet with camp director and aquatic director to report and discuss findings

Part 3 - Train lifeguard staff to implement agreed upon changes to streamline your camp's aquatic operations.

#4 - AQUATIC POLICY AND PROCEDURES HANDBOOK

This includes a review of the camps current Policy, Procedure and Emergency Action Plan (EAP) handbook followed by an assessment of aquatic areas while camp is in session. We will make recommendations and revisions to current EAP for your camp that meets, or exceeds Department of Health (DOH) and American Camping Association (ACA) standards. and prepare a revised Policy and Procedure Handbook.

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Title (NYS Dept. of Health <i>Ratio of 1:25)</i>	Training Brand	Validity period - NYS Department of Health
LIFEGUARD TRAINING (LGT) with FIRST AID For POOLS ONLY 3 days of full-service training	ARC	up to 2 years
Includes CPR/AED FOR THE PROFESSIONAL RESCUER	ARC	up to 1 year
LIFEGUARD TRAINING (LGT) with FIRST AID & WATERFRONT SKILLS 4 days of full-service training	ARC	up to 2 years
Includes CPR/AED FOR THE PROFESSIONAL RESCUER	ARC	up to 1 year
WATERFRONT SKILLS available as a STAND-ALONE CERTIFICATION For open water locations, (lakes, ponds, rivers) Participants must hold a current Lifeguarding Certification (pool)		Valid with current Lifeguard Training certification

NOTE: All participants must be able to perform the practical water skills for successful certification, including prerequisite swimming and initial skills evaluation.

https://www.health.ny.gov/environmental/outdoors/camps/aguacert.htm

CAMP AQUATIC DIRECTOR - LIFEGUARD SUPERVISION & MANAGEMENT

(Required for ALL New York State Aquatic Directors)

PART ONE: American Red Cross online educational program

https://www.redcross.org/take-a-class/classes/lifequard-management---online-course/05019955.html

Fee #1 - Payable directly to the American Red Cross \$120.00

<u>Take the online program anytime IT MUST BE FINISHED PRIOR</u> TO PART TWO:

Fee #2 - Payable to Lifesaving Enterprises LLC, \$75.00

- 2.5-hour professional certification course. Includes required NY Dept. of Health in-person testing, a full waterfront walk-through presentation with opportunity to network and learn how to improve the current camp aquatic programs with camp aquatic professionals
- 1. Participants are required to bring the camp's Emergency Action Plan
- 2. Photographs of the camp's pool/waterfronts
- 3. Proof of accomplishment adequate for the role of camp Aquatic Director email/call for application form https://www.health.ny.gov/environmental/outdoors/camps/docs/cad.pdf

NYS Dept. of Health Ratio of 1 per camp		
Progressive Swimming Instructor Certification Starfish Swimming Instructor	June, 2019 Starfish Aquatics Institute – Swimming Instructor https://www.health.ny.gov/environmental/outdoors/camps/psi.htm	