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These certification programs
follow the guidelines of
The American Red Cross

LIFEGUARD TRAINING with WATERFRONT SKILLS

Using a full and complete summer camp waterfront.

\$495.00 - Includes accommodation, x3 meals a day, all instruction, materials, & certification fees

June 18, 19, 20, and 21, 2016

Our curriculum begins the morning of Saturday, June 18, 2016, with a welcome breakfast and registration at 8:30am and runs through June 21 (completion after dinner)

The students will be hosted in bunks at Camp Scatico for the days of the training, the price quoted above does include, If it is necessary, transportation pick up at the Rhinebeck train station can be arranged with an extra fee.

LIFEGUARD MANAGEMENT

Go to <http://www.health.ny.gov/environmental/outdoors/camps/cad.htm> to view most current certification list

\$65.00 In-person testing and includes a full waterfront walk through presentation with opportunity to network and learn from fellow camp professionals (Required for NYS Aquatic Directors).

1. Participants are required to bring their camp's Emergency Action Plan
2. Proof of accomplishment of ARC online Lifeguard Management module (separate fee)

Wednesday, June 22, 2016 - A welcome breakfast and registration is at 8:30am, participants are invited to stay for the excellent Camp Scatico lunch.

Questions on booking and curriculum details can be addressed to
Andrea Arnold info@lifesavingenterprises.com or call/text directly 518 965 0654
PLEASE leave a message as we are teaching with limited cell service

Questions regarding directions to the Camp Scatico can be found at
<http://www.scatico.com/directions>

THANK YOU

From the office of
LIFESAVING ENTERPRISES LLC,,
Andrea Arnold M.S Ed.
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Text/mobile 518 965 0654

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Director of Marketing - Training Coordinator
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CELEBRATING 27 YEARS OF SERVICE 1989-2016
TRAINING MAKES THE DIFFERENCE

LIFEGUARD TRAINING with WATERFRONT SKILLS

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Candidates must be able to complete the following pretest

1. Must be 15 years old on or before the final scheduled session of this module.
2. Swim 550 yards continuously demonstrating breath control and rhythmic breathing. Candidates may swim using the front crawl, breaststroke or a combination of both but swimming on the back or side is not allowed. Swim goggles are allowed.
3. Tread water for 2 minutes using only the legs.
4. Complete a timed event within 1 minute, 40 seconds. Starting in the water, swim 20 yards. The face may be in or out of the water. Swim goggles are not allowed. Surface dive, feet-first or head-first, to a depth of 7 to 10 feet to retrieve a 10-pound object. Return to the surface and swim 20 yards to return to the starting point with both hands holding the object and keeping the face at or near the surface so they are able to get

Participants must be available to attend all four sessions; camps, and individuals, in case of unsuccessful try out for the course, must make additional early departure arrangements.

At successful completion of course requirements individuals will be eligible for certifications:
Lifeguard Training with Waterfront Skills and Basic First Aid
CPR/AED for the Professional Rescuer

CAMP AQUATICS DIRECTOR for NYS Children's Camp Bathing Facilities

Fact Sheet – February 2016

(Go to <http://www.health.ny.gov/environmental/outdoors/camps/cad.htm> to view most current certification list)

A camp aquatics director must oversee all swimming activities that occur at swimming pools and bathing beaches operated as part of a children's camp. This person shall supervise lifeguards and other required staff during swimming activities and implement the camp safety plan. The camp aquatics director must:

- be at least 21 years of age
- have a minimum of:
 - one season of previous experience as a camp aquatics director at a New York State children's camp; or
 - two seasons of previous experience consisting of at least 12 weeks as a children's camp lifeguard which had more than one lifeguard supervising it at a time; or
 - 18 weeks of previous experience as a lifeguard at a swimming pool or bathing beach, which had more than one lifeguard supervising it at a time.
- hold an accepted and current cardiopulmonary resuscitation (CPR) certificate as listed on the Fact Sheet entitled "Cardiopulmonary Resuscitation (CPR) Certification for NYS Children's Camps and NYS Bathing Facilities"
- annually review and document the review of the camp's safety plan for swimming
- possess current certification in a training course for lifeguard supervision and management as described below:

Acceptable Lifeguard Supervision and Management Courses (Certifications are valid for the time period specified by the provider, but may not exceed three years from the date of course completion.)	
Provider	Certification Title
<p>American Red Cross (ARC) Lifeguard Management (LGM) certifications obtained online:</p> <ul style="list-style-type: none"> – As of 1/1/14, LGM is only offered online. In-person testing is obtained through ARC Lifeguarding Instructors that are ARC Authorized Providers. – Certification expiration date is based on the LGM certificate, not the in-person testing certificate date. 	<ul style="list-style-type: none"> • Lifeguard Management – certifications issued after 12/31/13 must be accompanied by a separate certification indicating in-person testing session. • Lifeguard Instructor
Boy Scouts of America	<ul style="list-style-type: none"> • BSA Aquatic Instructor
New York State Department of Environmental Conservation	<ul style="list-style-type: none"> • New York State Lifeguard Management
YMCA	<ul style="list-style-type: none"> • Aquatics Management • Aquatics Management Trainer

An Aquatics Director may not perform lifeguard duties unless currently certified as a qualified lifeguard, or assess swimming ability unless currently certified as a progressive swimming instructor (see corresponding Fact Sheets available at www.health.ny.gov or from your local health department).

Macintosh HD:Users:andreaarnold:Documents:My Documents:Lifeguarding:2016 WFLG at Camp Scatico